PSHE and Citizenship

11

- What is a personal statement and how can I use it?
- Writing a CV - presenting my whole self
- Mock Interview - How can I verbally communicate myself?
- How can an achievement file help?
- Why be a blood/organ donor?
- Drugs and alcohol
- Gambling and debt
- Finances and Tax
- Sextortion - a growing online crime
- Consent- could it be rape?
- Post 16- what are my options?
- What are transferable skills?

10

- Pornography - impact on relationships
- FGM- eradicate and educate
- Exploitation - could you be a victim?
- Stereotypes and prejudice
- Diversity
- Cancer- know your body?
- Are you prepared to parent? Do you know the risks and responsibilities?
- Consent
- Healthy relationships
- What is abuse and what forms does it come in?
- Viruses and bacteria- what is the difference?
- It's your choice - options & Careers
- Spotting cancer
- Mental health - what problems are there? What strategies can we use?
- Sexting and pressure
- Adult living - what do you need to live?

9

- Drugs and alcohol – effects on the body and mind
- Crime and Punishment
- What is addiction?
- Morals
- Relationships & Sex Ed
- Relationship loss
- Human Rights
- Sleep
- Charity
- Extremism
- Online safety
- British Identity
- Cyberbullying - 24/7
- Guess the professional
- First-Aid Could you save a life?
- Healthy relationships

8

- Diversity
- What is peer pressure?
- Harmful viewing - does TV affect our relationships?
- Body image and self esteem - the damage of the media
- Finance and budgeting
- Celebrating difference and equality
- Bullying-why does someone bully?
- Diversity and LGBT+
- Careers & Unifrog
- Drugs, Alcohol and smoking –
- Animal welfare

7

- Human rights
- Racism
- Disabilities
- How can we be safe on the roads/rail?
- The Environment
- Emotional Health
- British Values
- Puberty- how do our bodies change?
- Types of crime
- Finance- what is a budget?
- Keeping healthy

Starting your PSHE journey

Manor Drive